Community Health Worker (CHW) Referral

Refer via ORCHID Message to Dr. Gezman Abdullahi using referral template below. Please obtain verbal consent from patient prior to referral.

Referral Template:

- 1. Clinic:
- 2. Resident PCP:
- 3. Attending:
- 4. Age and summary of chronic medical and behavioral health conditions:
- 5. Known social stressors and/or barriers to care:
- 6. Number of ED/UC visits in last 1 year:
- 7. Number of hospitalization in last 1 year:
- 8. Reason for referral/goals for patient:
- 9. Has patient been consented prior to referral? (REQUIRED)
- 10. Are there any other concerns or anything else the CHW should be aware of before the initial home visit?

Community Health Workers assigned to Clinic A and P:

-Liliana Sunn: pager: 818-529-4299 (preferred), cell: 213-587-3078 -Clara Nunez: pager: 818-529-1884 (preferred), cell: 213 298-5802 -Walfred Lopez: pager: 818-529-3989 (preferred), cell: 213-298-5804

Who qualifies?

High-Utilizers = 2 acute care utilization equivalents* within the past year

OR

<u>Uncontrolled Chronic Condition and Avoidable Utilization</u>

= 1 acute care utilization equivalent* within the past year PLUS any one of the following "high-risk" conditions:
Diabetes with HbA1c>9; Uncontrolled Hypertension with cardiac and/or renal complications;
CAD; CHF; COPD; Asthma; PVD; Cerebrovascular disease; End-stage Liver disease; End-stage
Kidney disease; Dementia that is progressive with worsening function; Failure to Thrive; Age >90
years old; Depression with functional impairment; Anxiety disorder with functional
impairment/somatization; Bipolar disorder with functional impairment; Psychotic disorder;
Substance use disorder

OR

Uncontrolled Chronic Condition with Mental Illness or substance use disorder

*Note: One acute care utilization = 1 Hospitalization **OR** 2 ED visits **OR** 4 UC visits **OR** 1 ED and 2 UC visits

Services provided:

- Perform baseline needs assessment and develop care plan with patient
- Stress health promotion/harm reduction through education, skills building, support, and accompaniment
- Address basic social needs of patient with assistance of social work and case managers
- Assist with transitions of care (post ER/hospital admission)
- Accompany patient to appointments (medical, behavioral, social)
- Review medications monthly and provide counseling regarding adherence
- Assist with disease monitoring and health maintenance activities
- Communicate regularly with PCMH team on patient progress